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Professor in Mental health and Child development
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Education

- 2002-2005 Ph.D., Developmental psychology, School of Psychology, Beijing Normal University, China.
- 1999-2002 M.A., Developmental psychology, Institute of Developmental Psychology, Beijing Normal University, China.
- 1995-1999 B.A., Educational Management, Henan Normal University, China.

Training Experience

- 2009. Oct. - Nov. Completion of the 2009 Beijing Normal University Higher Education & Innovation Executive Program, University of Maryland.
- 2010. Mar – 2011. Jan. Research Scholar, School of Social Work, University of Minnesota, Twin Cities.
- 2015 Aug.- 2016. Aug. Research Scholar, School of Public Health and Institute of Child Development, University of Minnesota, Twin Cities.

Academic Experience

- 2013- Professor, School of Social Development and Public Policy, Beijing Normal University.
- 2008 - 2013 Associate professor and Associate Dean, School of Social Development and Public Policy, Beijing Normal University.
- 2005 - 2008 Assistant professor, School of Social Development and Public Policy, Beijing Normal University.

Publications in English

1. Wang Y, Wang X, Liu F, Jiang X, Xiao Y, Dong X, Kong X, Yang X, Tian D, **Qu Z***. Negative Life Events and Antenatal Depression among Pregnant Women in Rural China The Role of Negative Automatic Thoughts. PLoS One. 2016; 11(12):e0167597.
2. Guo J, He H, Qu Z, Wang X, Liu C. Post-traumatic stress disorder and depression among adult survivors 8 years after the 2008 Wenchuan earthquake in China. J Affect Disord. 2017; 210:27-34.
3. Tang X, Yang F, Tang T, Yang X, Zhang W, Wang X, Ji L, Xiao Y, Ma K, Wang Y, Kong X,

- Wang J, Liu J, Xu Q, Tian D, **Qu Z***. Advantages and Challenges of A Village Doctor-Based Cognitive Behavioral Therapy for Late-Life Depression in Rural China: A Qualitative Study. *PLoS One*. 2015 ;10(9):e0137555.
4. Guo J, Wang X, Yuan J, Zhang W, Tian D, **Qu Z***. The symptoms of posttraumatic stress disorder and depression among adult earthquake survivors in China. *J Nerv Ment Dis*. 2015; 203(6):469-72.
 5. Xu H, Zhang W, Wang X, Yuan J, Tang X, Yin Y, Zhang S, Zhou H, **Qu Z***, Tian D. Prevalence and influence factors of suicidal ideation among females and males in Northwestern urban China: a population-based epidemiological study. *BMC Public Health*. 2015; 15:961.
 6. Guo J, Ren X, Wang X, **Qu Z**, Zhou Q, Ran C, Wang X, Hu J. Depression among Migrant and Left-Behind Children in China in Relation to the Quality of Parent-Child and Teacher-Child Relationships. *PLoS One*. 2015; 10(12):e0145606.
 7. Yin Y, Zhang W, Hu Z, Jia F, Zhao S, Xu H, Li Y, Guo J, Tian D, **Qu Z***. Experiences of stigma and discrimination among caregivers of persons with schizophrenia in China: A field survey. *PLoS ONE*, 2014; 9(9): e108527.
 8. Liu Y, Li X, Chen L, **Qu Z**. Perceived positive teacher-student relationship as a protective factor for Chinese left-behind children's emotional and behavioral adjustment. *Int J Psychol*. 2015; 50(5): 354-62.
 9. Dong X, **Qu Z***, Liu F, Jiang X, Wang Y, Chui CH, Wang X, Tian D, Zhang X. Depression and its' risk factors among pregnant women in 2008 Sichuan earthquake area and non-earthquake struck area in China. *Journal of Affective Disorders*. 2013; 151(2):566-72.
 10. Guo J, Wu P, Tian D, Wang X, Zhang W, Zhang X, **Qu Z***. Post-traumatic Stress Disorder among Adult Survivors of the Wenchuan Earthquake in China: a repeated cross-sectional study. *Journal of Anxiety Disorders*. 2014; 28(1): 75–82.
 11. Chen S, Adams J, **Qu Z**, Wang X, Chen L. Parental migration and children's academic engagement: The case of China. *International Review of Education*, 2013; 59 (6): 693–722.
 12. **Qu Z**, Wang CW, Zhang X, Ho AH, Wang X, Chan CL. Prevalence and determinants of depression among survivors eight months after the Wenchuan earthquake. *Journal of Nervous and Mental Disease*, 2014; 202(4):275-9.
 13. Guo S, Tian D, Wang X, Xiao Y, He H, **Qu Z***, Zhang X. Protective effects of social support content and support source on depression and its prevalence six months after Wenchuan earthquake. *Stress and Health*. 2015; 31(5):382-92.
 14. Wang X, Guo J, Zhang X, **Qu Z**, Tian D, Ma S. The effects of depression and chronic diseases on the work outcomes of employees: a prospective study in Northwest China. *Public Health*. 2014; 128: 734-742.
 15. Xu H, Zhang W, Gu L, **Qu Z**, Sa Z, Zhang X, Tian D. Aging village doctors in five counties in rural China: situation and implications. *Hum Resour Health*. 2014;12:36.
 16. Li X, Zhang W, Lin Y, Zhang X, **Qu Z**, Wang X, Zhang Y, Xu H, Zhao S, Li Y, Tian D. Pathways to psychiatric care of patients from rural regions: A general-hospital-based study. *Int J Soc Psychiatry*. 2013; 60(3):280-9.
 17. Xu H, Zhang W, Zhang X, **Qu Z**, Wang X, Sa Z, Li Y, Zhao S, Qi X, Tian D. Longitudinal study of rural health workforce in five counties in China: research design and baseline description. *Hum Resour Health*. 2013;11(1):17
 18. **Qu Z**, Tian D, Zhang Q, Wang X, He H, Zhang X, Huang L, Xu F. The impact of the

catastrophic earthquake in China's Sichuan province on the mental health of pregnant women. *Journal of Affective Disorders*. 2012; 136 (1-2):117-23.

19. **Qu Z**, Wang X, Tian D, Zhao Y, Zhang Q, He H, Zhang X, Xu F, Guo S. Posttraumatic stress disorder and depression among new mothers at 8 months later of the 2008 Sichuan earthquake in China. *Archives of Women's Mental Health*. 2012; 15(1):49-55.
20. Guo J, Chen L, Wang X, Liu Y, Chui CH, He H, **Qu Z***, Tian D. The Relationship between Internet Addiction and Depression among Migrant Children and Left-behind Children in China. *Cyberpsychol Behav Soc Netw*. 2012; 15(11):585-90.
21. Tian D, **Qu Z***, Wang X, Guo J, Xu F, Zhang X, Chan CL. The role of Basic Health Insurance on Depression: An Epidemiological Cohort Study of a randomized Community Sample in Northwest China. *BMC Psychiatry*. 2012, 12:151.
22. Chan C L., Wang CW, Ho A H, **Qu Z**, Wang, X, Ran M S, Mao W J et al., Symptoms of posttraumatic stress disorder and depression among bereaved and non-bereaved survivors following the 2008 Sichuan earthquake. *Journal of Anxiety Disorders*. 2012, 26: 673-679.
23. Chan CL, Wang CW, **Qu Z**, Lu BQ, Ran MS, Ho AH, Yuan Y, Zhang BQ, Wang X, Zhang X. Posttraumatic stress disorder symptoms among adult survivors of the 2008 Sichuan earthquake in China. *Journal of Traumatic Stress*. 2011, 24(3):295-302.

Publications in Chinese

24. Qu Zhiyong, He Huan, Zhang Xiulan, Wang Xiaohua, Liu Fangnan. From the Enterprise / Community Service to the National Public Service System: Government Responsibility for Preschool Education. *Journal of Beijing Normal University*, 2011: 134-141.
25. Li Xiao-wei, Liu Yan, Qu Zhiyong, Family Ecosystems of Different Kinds of Rural Children and Its Influences on Children's Self-esteem. *Chinese Journal of Clinical Psychology*. 2010 (18): 241-243.
26. Chen Li, Qu Zhiyong. Characteristics and Impact Factors of Injuries Among Left-behind Children and Migrant Children. *China Journal of School Health*, 2010,(131): 331-333.
27. Jin Cancan, Qu Zhiyong, Wang Xiaohua. Characteristics and Impact Factors of Smoking Behavior Among Left-behind Children and Migrant Children. *China Journal of Special Education*, 2009: 70-74.
28. Chen Li, Wang Xiaohua, Qu Zhiyong. An Analysis of the Growth and Nutritional Status of Migrant Children and Left at home Children. *China Journal of Special Education*, 2010: 48-54.
29. Jin Cancan, Qu Zhiyong, Wang Xiaohua. On the Current Situation of Internet Addiction of Left-behind Children and Migrant Children: Their Mental Health and Interpersonal Relationships. *China Journal of Special Education*, 2010: 59-64.
30. Yang Ying, Zou Hong, Qu Zhiyong, Living Condition of Basic Level Leaders after Wenchuan Earthquake and Supporting System Construction. *Journal of Beijing Normal University*, 2010:110-119.
31. Qu Zhiyong, Zou Hong, Family Environment, Self-control, Parental monitoring and Juvenile Delinquency, *Psychological Science*, 2009(2).
32. Qu Zhiyong, Zou Hong, Family Environment, Parental Control and Juvenile Delinquency, *China Youth Study*, 2008(4): 35-40.
33. Qu Zhiyong, Zhang Xiulan, The group characteristics of depression students in Middle-West

China universities and the effects of intervention. Journal of Tsinghua University(Philosophy and Social Sciences) 2008(2), Xinhua Digest, 2006 (18), Paper Reprint.

34. Qu Zhiyong, Zhang Xiulan, Wang Dongming, Investigation into poverty-stricken students' life status and financial aid to them in western and Middle China Universities. Journal of Higher Education. 2007, (10):88-96.
35. Qu Zhiyong, Zou Hong, The Basic Characteristics and Pathways of Juvenile Delinquency. China Youth Study, 2007 (1):38-44.
36. Qu Zhiyong, Zou Hong, A Literature Review of Research on Adolescent Criminals based on Self-Control Theory. Chinese Mental Health Journal, 2006(10):650-652.
37. Qu Zhiyong, Zou Hong, Duan Xiaoying, Self-Control, Values and Juvenile Delinquency, Youth Study, 2006 (5): 42-48.
38. Qu Zhiyong, Zou Hong, Wang Yingchun, The Characteristics of Class Environment and Its Prediction on Student's School Adjustment. Psychological Science, 2004(1):204-207.
39. Zou Hong, Qu Zhiyong, Zhang Qiuling, The Status of Migrant Children's Subsistence and Protection in 9 Cities in China. Youth Study, 2004 (1):1-5.

*** Corresponding author.**

Research Experience (Principal Investigator)

1. Social Science Foundation of China, Community-based Psychological Intervention on depression of elder people in Rural China: Based on the view of public mental health. 2017-2019.
2. Beijing Normal University, Community-based Cognitive Behavior Therapy (CBT) Intervention on depression of elder people in Rural China: A Pilot Study. 2014-2015.
3. Cargill China, To Build a Follow up Support system to the Children Affected by Ya'an Earthquake, 2013-2015.
4. Johnson & Johnson China, The Burden of the Families of persons with schizophrenia in China: a Cross-sectional Study, 2012-2013.
5. Cargill China, To Build a Follow up Support system to Wenchuan Earthquake Affected Children, 2008-2012.
6. Ford Foundation, The Employment Monitoring and Feedback System: a longitudinal study on the impact factors of undergraduate students' employment. 2008-2012.
7. Save the Children (Beijing Office), Baseline Survey and evaluation study on the Early Childhood Care and Development (ECCD) project in rural china (Including Tibet, Yunan and Beijing), 2010.
8. National Working Committee on Children and Women under the State Council of China (NWCCW) and Unicef, National Program of Action for Child Development in China (2011-2020): a Framework Study, 2009-2010.
9. Ministry of Education of the People's Republic of China. The Development Status and Strategy of Early Childhood Care and Education in China: a Policy study. 2008.1-2009.6.
10. Ministry of Science and Technology of the People's Republic of China, The Impact of Wenchuan Earthquake on Pregnant Women and Newborns, 2008-2010.

11. Unicef and CPAD (China Poverty Alleviation and Development office of the People's Republic of China), Child Poverty in China: Policy review and Cross-sectional Study, 2007-2010.
12. UNESCO/ Unicef/MoE, the Policy Review on China Early Childhood Care and Education (ECCE), 2007.1-2008.5.
13. Plan China and China Youth and Children Foundation for Social Education (supported by Nokia "Heart to Heart, Hand to Hand Project"), The Comprehensive Intervention on Early Childhood Care and Education in Rural China, 2008-2009.
14. Ford Foundation, The Mid-term Evaluation of Pathways to Higher Education (PHE): A Study on the Effect of Development and Mental Health of a Comprehensive Support for Undergraduate Students. 2006-2007.

International Conference

1. 5th International Workshop on Psychological Intervention After Disasters. November 14-17, 2016. Manila, Philippines.
2. THE NEGLECTED AGENDA: PROTECTING CHILDREN WITHOUT ADEQUATE PARENTAL CARE, 30 November –3 December 2009, Wiston House in Sussex, UK. Supported by Save the Children and Unicef.
3. Regional Seminar on Early Childhood Policy Review, 11-13 July 2007, Bangkok Thailand, invited by Unicef and UNESCO.